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## GOSPEL REALITIES TO REMEMBER

WHEN YOU'VE BEEN DIAGNOSED WITH A MENTAL DISORDER

1

Your struggles have not separated you from God's love.

Psalm 149:4  
Zephaniah 3:17  
Romans 8:38-39

2

Your diagnosis does not define your identity.

Galatians 2:20  
Romans 8:16-17  
1 John 3:2

3

Your diagnosis does not dictate your destiny.

Philippians 1:6  
2 Cor. 3:18  
2 Cor. 4:17-18

4

You are an indispensable part of Christ's body.

1 Cor. 12:21-27  
2 Cor. 1:3-4  
Romans 12:4-8

5

Jesus calls you to abide in him, not to "fix" yourself.

Isaiah 61:1-3  
John 15:3-9  
Ephesians 2:10